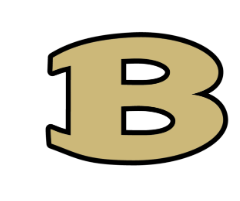
Comprehensive Guidance and Counseling Plan

2023-2024



Beulah High School

4848 Lee Rd 270

Valley, AL 36854

Dr. James McCoy

Superintendent

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Students will participate via school representative

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**MENTAL HEALTH AND SOCIAL SERVICES PERSONNEL**

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Layla Ferrell, Mental Health Coordinator

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| **INTRODUCTION** |

Beulah High School is a unique and fast-growing school, which has a blend of rural and urban elements. Our school is fully accredited through Cognia (formerly AdvancEd). Approximately 60% of our school population receives free or reduced lunch. We are a culturally diverse system that consists of an ethnic make of many different ethnic backgrounds. Beulah High School employs over 40 certified employees. We use 21st century technology, which includes one-to-one student devices, robotics and coding, distance learning classes, and many virtual learning opportunities.

The **Beulah Attendance Area** has one high school (7-12) and one elementary school (K-6).

Beulah High School has two full-time counselors that serve a population of 528.

Beulah Elementary School has one full-time counselor that serves a student population of 699.

The Beulah High School Program is a 21st century school counseling program. The guidance program is focused on meeting the needs of students. The state model provides information regarding program design, coordination, implementation, management, and evaluation with the goal of ensuring student success in three broad areas: academic, career, and personal/social development. These three areas or domains encompass the specific standards, competencies, and indicators for student learning. The program works with all students through classroom guidance activities and structured group experiences. The Beulah High School’s guidance program ranges from remediation to prevention and from crisis-based to planned orientation. Approaches include classroom guidance and individual planning sessions with all students.

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| **MISSION STATEMENT** |

The mission of the Beulah High School’s Comprehensive School Guidance and Counseling program is to provide a structured program of services to ensure that all students (Grades 7-12), regardless of their individual differences, acquire the skills, knowledge, and attitudes needed to become effective students, responsible citizens, productive workers, and lifelong learners. Our comprehensive program addresses the educational, career, and personal/social competencies necessary for all students to function and contribute in a changing society.

**Beulah High School Guidance and Counseling Department’s Comprehensive Developmental Guidance and Counseling Program is based upon the following beliefs**:

• All children are unique and can benefit from the counseling and guidance services described in the *Comprehensive Counseling and Guidance Model for Alabama Public Schools* (the State Plan), Bulletin 2003, No. 89.

• Every student has the right to participate in activities that promote self-direction and self-development.

• Every student has the right to make choices and accept responsibility for choices made.

• Every student has the right to participate in a comprehensive school counseling and guidance program designed to assist all students in attaining their maximum potential in academic, career, and personal/social development.

**Beulah High School’s Comprehensive Guidance and Counseling Program is an integral part of the overall educational program and serves as a critical link to the instructional program and the community.**

The program:

• is data-driven to meet the specific needs of the students’ goals and developmental student competencies,

• involves planning and coordination with other representatives of the school and community with a purposeful and sequential program of activities,

• utilizes many combined resources of the community,

• is evaluated on specific goals and agreed upon student competencies,

• actively involves students and others.

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| **PROGRAM BENEFITS** |

**Benefits for Students**

•Ensures every student has access to the school counseling and guidance program

•Monitors and interprets data to facilitate student improvement and school success

•Provides strategies for closing the achievement gap

•Promotes the most challenging and appropriate academic curriculum for each student Advocates for students and promotes equitable access to educational opportunities

**Benefits for Parents/Guardians**

• Supports active partnerships for student learning and career planning

• Invites and coordinates access to school and community resources

• Advocates for student academic, career, and personal development

• Provides training and informational workshops

• Provides data for information on student progress

**Benefits for Teachers**

• Promotes an interdisciplinary team approach to address student needs and educational goals • Increases collaboration with school counselors and teachers

• Supports development of classroom management skills

• Analyzes data to improve school climate and student achievement

**Benefits for Administrators**

• Develops and implements a school counseling and guidance plan to promote student success

• Utilizes data for school improvement

• Uses data for implementation of the *Lee County Teacher* evaluation system

• Provides a proactive school guidance curriculum that addresses student needs and enhances school climate

**Benefits for School Counselors**

• Defines responsibilities within the context of a school counseling and guidance program • Eliminates non-school counseling program activities

• Supports access to every student

• Provides a tool for program management, implementation, and accountability • Recognizes school counselors as leaders, advocates, and agents of change • Ensures the school counseling and guidance program contributes to the school’s mission • Provides evidence of ongoing activities for the implementation of the *Educator Effectiveness* evaluation system

**Benefits for Communities**

• Builds collaboration with businesses and industries and enhances the potential for every student’s postsecondary success

• Provides a workforce with a stronger academic foundation

• Promotes equity and access to the workforce

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| **DELIVERY SYSTEM** |

Beulah High School’s Comprehensive Guidance and Counseling Program provides services in accordance with the four delivery components. A combination of the four program delivery components (School Guidance Curriculum, Individual Student Planning, Responsive Services, and System Support) is utilized in assisting students to achieve their competencies. This approach ensures that every student has multiple opportunities to acquire competencies in the three domains of Academic Development, Career Development, and Personal/Social Development.

**Guidance Curriculum**

The guidance curriculum component consists of structured developmental experiences presented systematically to all students through classroom and group activities that address the three primary domains (academic development, career development, and personal/social growth) of human development. The curriculum lessons focus on decision-making, goal setting, peer relationships, self-awareness, career awareness, the world of work, labor market information and educational and career planning. The counselor’s responsibilities include the organization and implementation of classroom guidance lessons and group guidance. The counselors are involved with student orientation and parent orientation. They conduct small and large groups dealing with study skills, problem-solving, test taking skills, peer relationships, questioning skills, bullying, resume writing, goal setting and many other topics.

**Classroom Guidance Activities:** Counselors facilitate, co-lead, or assist in the delivery of guidance curriculum activities. These activities may be conducted in the classroom, in the guidance center, or in other school facilities.

**Group Activities:** Counselors conduct small-group counseling sessions outside the classroom to respond to students’ identified interests or needs. Small-group counseling may be either immediate-response or long-term counseling.

**Interdisciplinary Curriculum Development:** Counselors participate on interdisciplinary teams to develop and refine curriculum in content areas. These teams develop classroom units that integrate subject matter with the school guidance curriculum. Counselors assist teachers in the delivery of classroom units that lead to acquisition of competencies in the domains of affective, social, and employability skills for every student in developmentally appropriate ways.

**Parent Workshops and Instruction:** Counselors conduct workshops and information sessions for parents or guardians to address the needs of the school community and to reflect the school counseling and guidance curriculum.

*Topics for school guidance curriculum activities within this component may include, but are not limited to:*

• Self-Concept

• Communication Skills

• Peer Relationships

• Substance Abuse Programs

• Post-High School Planning

• Career Awareness and Exploration

• Study Skills

• Choice-Making Skills

• Personal Safety

• Pre-Employment Skills

• Diversity

• Anger Management

• Bullying

• Suicide Prevention

• Erin’s Law/Child Abuse Prevention

• Online Safety and Digital Citizenship

**Individual Student Planning**

The individual student planning component consists of activities that focus on assisting each student with developing, analyzing, and evaluating educational, career, and personal goals/plans. Individual student planning emphasizes test interpretation, while academic counseling includes postsecondary education, career/technical education, and career planning. Examples of individual student planning delivery options within this component may include, but are not restricted to:

**Individual or Small-Group Appraisal:** Counselors help students assess and interpret individual abilities, interests, skills, and achievements. The utilization of appropriate assessment information becomes an important aspect of individual development of immediate and long-range plans.

**Individual or Small-Group Advisement:** Counselors help students acquire self-appraisal skills; personal and social development skills; and educational, career, and labor market information. This information assists students in planning for personal, academic, and career aspirations. Counselors recognize the critical need to enlist teachers and parents or guardians in helping students make academic and career choices.

**Placement and Follow-Up:** Counselors advise students in making transitions by providing information and by assisting in the access of resources.

Topics for individual student planning activities may include, but are not limited to:

• Career Awareness and Exploration

• Career/Technical Education Programs

• Teacher Advisor Programs

• Career Shadowing

• Postsecondary Application Process

• Four-Year Educational Plan

• Honors and Awards Program

• Financial Aid/Scholarship Advising

• Role Playing

• Student Portfolios

The counselors play a role in identifying at-risk students. At-risk students are identified by evaluating their academic record, discipline referrals, attendance, and state assessment data. Additionally, Beulah High School counselor’s coordinate, facilitate, and/or conduct the following activities:

• Individual advisement

• Educational placement of students

• Program planning (parents and students)

• Interpreting test results

• New student registration

• Educational and career plans (including a four/six-year plan that covers graduation requirements)

• Career interest inventories

• Transcript reviews

• Register and withdraw students

• Issues schedules and make necessary adjustments

• Maintain student records

• Provide requested student information to appropriate agencies on a continuous basis

• Assist with college selection and admission

• Financial aid workshops

• Acquiring scholarship information

• Career fairs

• Career portfolios

• Personal and social issues that affect school performance and future plans

The counselor assists in the identification of at-risk and special needs students. At-risk students are identified by evaluating their academic record, discipline referrals, attendance, and state assessment data. The counselor is often responsible for the coordination and administration of assessments. Counselors should assist with the interpretation of assessments given at their school. These tests include but are not limited to:

• Star

• PreACT

• ACT with Writing

• ASVAB

• ACAP Summative

• ACAP Alternate

• WorkKeys

• AP Exam

**Responsive Services**

Responsive services include counseling or referral activities that meet the immediate needs and concerns of students. Responsive services include personal counseling, crisis counseling, problem solving, agency referral, and consultation. Examples of responsive services delivery options within this component may include, but are not restricted to:

**Consultation:** School counselors serve as student advocates by consulting with students, parents or guardians, educators, and community agencies regarding strategies to help students and families. Advocacy may include participation in student study teams and student management teams.

**Personal Counseling:** Counseling is provided in small-group or individual settings for students experiencing difficulties dealing with relationships, personal concerns, or developmentally appropriate tasks. Personal counseling assists students in identifying problems, causes, alternatives, and consequences leading to informed decision making.

**Crisis Counseling:** Counseling and support services are provided to students and families facing emotional crises as outlined in the school crisis management plan. Crisis counseling is normally short-term and temporary, using appropriate referral sources if necessary.

**Peer Facilitation:** Counselors may train students as peer mediators, conflict managers, tutors, and mentors. Programs should adhere to the ethics standards and practices established by the National Peer Helpers Association.

**Referrals:** Counselors use referral sources to enhance the services provided through the school counseling and guidance program. These referral sources may include, but are not restricted to:

• Mental Health Agencies

• Employment and Training Programs

• Vocational Rehabilitation

• Juvenile Services

• Social Services

• Grief Counseling

• Deployment

Beulah High School counselors strive to include activities that meet the immediate needs and concerns of individual students whether those concerns involve individual or group counseling, information dissemination, crisis intervention, peer mediation, consultation or referral. When cases are identified that require outside, emergency, long-term, and/or intensive treatment, the counselors work closely with the school nurses, the system social worker, school resource officers, the juvenile court system, local hospice, local mental health providers, and the Lee

County Department of Human Resources. Some of the local agencies that are used for student referral include the Bradford Center, East Alabama Mental Health, Lee County Juvenile and Family Court, East Alabama Hospice, the Child Advocacy Center, the Lee County Department of Human Resources, and therapeutic programs.

**System Support**

System support includes indirect guidance management activities that maintain and enhance the total counseling and guidance program. Responsibilities in this area include staff relations, community relations, task forces, professional development, support teams*,* test interpretation, data analysis, and curriculum development. This component provides appropriate support to academic programs. Examples of system support delivery options within this component may include, but are not restricted to:

**Professional Development:** Counselors are regularly involved in updating professional knowledge and skills. This may involve participating in regular school in-service training, attending professional meetings, completing postgraduate course work, and contributing to professional journals.

**In-Service:** Counselors attend system and school in-service training to ensure counseling skills are updated in the areas of curriculum development, technology, and data analysis. Counselors may provide in-service instruction in school guidance curriculum and areas of special concern to the school and community.

**Consultation, Collaboration, and Teaming:** Counselors provide important contributions to the school system by consulting, partnering, collaborating, and teaming.

**Public Relations:** Counselors design activities to orient the staff and community about the comprehensive school counseling and guidance program.

**Community Outreach:** Counselors forge partnerships with local businesses, industries, and social service agencies. Community outreach requires counselors to be knowledgeable about community resources, employment opportunities, and local labor market information.

**Consultation with Staff:** Counselors consult regularly with teachers and professional staff members in order to receive feedback on emerging needs of students and to provide information and support to staff.

**Curriculum Development Support:** Counselors participate in the ongoing review and revision of academic curriculum materials as related to data analysis, student advocacy, postsecondary education, and career/technical education planning.

**Advisory Committees:** Counselors form counseling and guidance advisory committees at both the system and the individual school level. Counselors actively serve on community committees or advisory councils that influence other programs to generate support for system and individual school counseling and guidance programs.

**Program Management and Operations:** Planning and management tasks include the support of activities conducted in the school counseling and guidance program and responsibilities expected of a member of the school staff. Budget, facilities, policies and procedures, and research and resource development are elements of management activities.

**Research and Evaluation:** Some examples of counselor research and evaluation include *Lee County Teacher Evaluation Program* or other personnel guidance evaluations, program evaluations, data analysis, follow-up studies, professional development, and updating of resources.

**Fair-Share Responsibilities:** Fair-share responsibilities may include such tasks as bus duty, playground duty, class/club sponsorship, and taking tickets at sports events. Non-guidance responsibilities assigned to counselors should not be above and beyond those of other certified staff members, and should not interfere with the delivery of guidance services.

At Beulah High School, the system support component activities are two-fold. The first includes those activities that establish, maintain and enhance the preceding three program components. Activities in this component include program development, program evaluation and assessment, parent education, materials development, testing and community relations. The second aspect of the system support component includes activities that support other programs in the school. Those activities include, but are not limited to:

• ELL/ESL Coordinator/Member

• Building Test Coordinators

• Continuing Improvement Plan (CIP) Committee Member

• School 504 Designee/Member

• IEP Team Member

• LEA Representative

• Special Projects Team Member

• Response to Instruction Team (RTI) Member

• Positive Behavior Support (PBS) Team Member

The counselors assist with registering students, withdrawing students, make schedule students, assist with medication dispensing, conduct head lice checks, assist with lunchroom and bus duty, assist administrators and teachers with identifying student needs, serve on school and curriculum committees, etc.

The counselors conduct classroom guidance assessments and utilize that data to analyze its impact. They collaborate with teachers in determining the factors that are impeding the success of students and conduct follow-up assessments of the students. The counselors play a role in identifying at-risk students. At-risk students are identified by evaluating their academic record, discipline referrals, attendance, and state assessment data. Guidance counselors at Beulah High School are involved with many community agencies and programs. Some of those agencies and programs include but are not limited to:

• Department of Human Resources (DHR)

• CIA (Character In Action) with Lee County Family Court

• Ronald McDonald House

• Red Cross

• Relay for Life

• Canned Food Drives

• Rotary Club

• East Alabama Mental Health (EAMH)

• East Alabama Medical Center HOSPICE

• Lee County Juvenile Court

• Boy Scouts of American

• Boys and Girls Club of Lee County

• Joint projects with Auburn University, Tuskegee University, local firefighters, and EMS

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| **STRUCTURAL COMPONENTS** |

In order to ensure that Beulah High School’s Guidance and Counseling Program is an integral part of the total school system and community, a comprehensive developmental guidance and counseling program is implemented at each school level (7-12) and appropriate policies and procedures are in place to maintain, enhance, and evaluate the district’s guidance and counseling program. An advisory committee provides input and support for the program. Each school’s guidance department has a certified school counselor that is also assisted by their advisory committee.

**Advisory Committee**

Beulah High School Advisory Committee consists of representative stakeholders of the school counseling and guidance program, including students, parents and/or guardians, counselors, and community representatives. The advisory committee reviews program goals, competencies, and

results, and participates in making recommendations to the school counseling and guidance department, principal, and superintendent. It is recommended that the committee meet at least twice a year.

**Counseling and Guidance Department Organization**

At the beginning of the school year, counselors meet with principals regarding the counseling and guidance program. If there are two or more counselors in the school, specific/equitable duties and student caseloads are assigned. Each LEA should have a counseling coordinator to work with principals and counselors to ensure that program planning, design, implementation, and evaluation take place in a timely, effective, and equitable manner.

All schools must provide counseling and guidance services from certified school counselors in Grades K-12. Adequate support personnel should be available to counselors to ensure effective program delivery.

**Coordinators’ Role**

Counseling and guidance coordinators provide necessary support for comprehensive school guidance program development, implementation, and evaluation of procedures that enhance the effectiveness of the school system’s comprehensive counseling and guidance program. Counseling and guidance coordinators serve as facilitators, leaders, supporters, and advisors. Counseling and guidance coordinators provide leadership to ensure the credibility of the comprehensive counseling and guidance program for faculty, staff, and the community under the supervision of the assistant superintendents for elementary and secondary curriculum.

**Principals’ Role**

Administrative support is critical to full implementation of the comprehensive counseling and guidance program. Principals, as chief administrators in schools, are ultimately responsible for the success of all instructional programs, including the school counseling and guidance program. Principals understand the role of school counselors and provide the necessary support for counselors to fulfill that role. Such support includes the provision of adequate facilities, materials, and clerical staff to allow counselors to use their specialized training in an effective manner. Principals provide input into program development and encourage and support participation of all school personnel in the implementation of the counseling program.

**Counselors’ Role**

Counselors assume the leadership role for managing and implementing the comprehensive counseling and guidance program in their school. Counselors are responsible for the systematic delivery and evaluation of structured developmental counseling and guidance services to all students. Counselors work directly with students, individually and in small groups, to deal with unique or problem-centered concerns that require more privacy or attention than can be

accommodated in structured guidance activities. Counselors serve students indirectly by acting as consultants to administrators, teachers, parents, and others to help them understand and respond to the developmental, emotional, and social needs of students. Counselors coordinate various activities within the school that are related to student welfare. Appropriate referrals, placements, and follow-ups are activities that are particularly pertinent to counseling.

**Middle School/Junior High School Counselors**

Building upon those skills taught at the elementary level, a major focus of middle school/junior high school counselors is to provide services that address the career, personal/social and educational needs and concerns of students. Counselors at this level facilitate the expansion of career awareness and exploration activities to assist in the development and utilization of short and long-range educational and career plans. This includes but is not limited to the formation of a high school four-year plan.

**Teachers’ Role**

Teachers play a vital role in the planning and implementation of a comprehensive school counseling and guidance program. As professionals who have the greatest contact with students, teachers are in the best position to recognize and help provide for the developmental and individual needs of students. Through appropriate communication and referral, teachers facilitate the interaction between students and counselors. Teachers demonstrate support for the program by providing adequate opportunities for student-counselor contact. Teachers contribute directly to the school counseling and guidance program by helping counselors deliver programs that facilitate the academic, career, and personal/social development of students. Teachers strengthen and follow through on concepts presented to help students retain the knowledge, skills, and understanding established through the program. Teacher support, input, and expertise make it possible for the school counseling and guidance program to become an integral part of the total educational program.

**Guidance Resources**

Appropriate guidance resources are required for each of the four program delivery components: School Guidance Curriculum, Individual Student Planning, Responsive Services, and System Support. These resources include equipment and materials, staff expertise, and community resources. Resource materials must be relevant to the program, appropriate for the diversity of the school and community, and of sufficient quantity to be useful. All counselors should be provided the necessary equipment and materials to implement the comprehensive counseling and guidance program.

**Materials, Supplies and Equipment**

• Materials are relevant to the program and appropriate for the community.

• The school counselor consults with the advisory committee and the local school board policy concerning the evaluation and selection of program materials.

• Materials, supplies and equipment are easily accessible and of sufficient quantity to support the program.

• All school counselors have locking file cabinets, private telephone lines and computers with Internet access in their offices.

**Facilities**

• All facilities are easily accessible and provide adequate space to organize and display school counseling materials.

• The school counselor has a private office that is designed with consideration of the student’s right to privacy and confidentiality.

• Access is provided to facilities for meeting with groups of students.

**Technology**

• School counselors use technology daily in their work, including the Internet, word processing, student database systems, and presentation software.

• School counselors use technology to help students perform career and advanced educational searches for use in their education development plans.

• School counselors register, withdraw and evaluate transcripts for students using the PowerSchool SIS program.

• School counselors use data regarding their school population to work with the principal, teachers, and the advisory committee in making recommendations to improve academic achievement.

• School counselors receive ongoing training in appropriate areas of technology advancement and updates.

• Some school counselors maintain an up-to-date guidance website with pertinent information for students and parents.

• School counselors use technology in the planning, implementation, and evaluation of the school counseling program.

• School counselors use technology as a tool to gather, analyze and present data to drive systematic change.

• School counselors communicate with teachers, administrators, central office, outside agency representatives, and other counselors via e-mail.

**Use of Time**

Beulah High School counselors utilize the Alabama State Department of Education’s recommended distribution counseling time as a guide in determining the adequate percentage of service to be provided in each program area. The counselors keep daily records that document time and activities performed. These records allow counselors and administrators to determine the actual amount of time spent in each of the four program delivery components and in non-school counseling activities. By analyzing this data, adjustments can be made to better utilize counselor time so that the greatest amount of time is spent in direct service to students.



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| **PROGRAM GOALS** |

The goals of Beulah High School’s Comprehensive Guidance and Counseling Program are defined as follows:

The **Academic Domain** states that students will:

1. Acquire the attitudes, knowledge and skills that contribute to effective learning in school and throughout life.

2. Complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college.

3. Understand the relationship of academics to the world of work and to life at home and in the community.

The **Career Domain** states that students will:

1. Acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.

2. Employ strategies to achieve future career goals with success and satisfaction.

3. Understand the relationship between personal qualities, education, training and the world of work.

The **Personal/Social Domain** states that students will:

1. Acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.

2. Make decisions, set goals, and take necessary action to achieve goals. 3. Understand safety and survival skills.

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| **GUIDANCE CURRICULUM SCOPE AND SEQUENCE** |

The following competencies for Alabama students at each grade-cluster level (K-2, 3-5, 6-8, 9-12) are linked directly to the nine national standards as presented in *The ASCA National Model: A Framework for School Counseling Programs*. The competencies describe the attitudes, knowledge, and skills that students should be able to demonstrate as a result of participating in an effective school counseling and guidance program.

Beulah High School counselors determine student competencies and the corresponding indicators (listed below each competency) to be utilized in planning and developing the school guidance curriculum and the individual student planning components appropriate for specific grade-cluster levels within the school program. Guidance activities must be outcome-based and linked to the appropriate indicators.

The following chart is a tool to be used to assist counselors in planning the overall guidance curriculum. The solid dots highlight the grade-cluster level where each competency indicator is introduced. The competency indicators are intended to be cumulative; therefore, the hollow dots highlight the grade-cluster level(s) in which the competency indicator may be expanded or reinforced. Careful analysis of the scope and sequence of the local school guidance curriculum ensures that all students master all competency indicators by the end of Grade 12.

**ACADEMIC DEVELOPMENT DOMAIN**

**Standard A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.**

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| **Competency A: A1 - Improve Academic Self-Concept** | | **K-2** | **3-5** | **6-8** | **9-12** |
| A: A1.1 | articulate feelings of competence and confidence as learners |  | ● | ○ | ○ |
| A: A1.2 | display a positive interest in learning | ● | ○ | ○ | ○ |
| A: A1.3 | take pride in work and achievement | ● | ○ | ○ | ○ |
| A: A1.4 | accept mistakes as essential to the learning process |  | ● | ○ | ○ |
| A: A1.5 | identify attitudes and behaviors leading to successful learning |  |  | ● | ○ |
| **Competency A: A2 - Acquire Skills for Improving Learning** | | **K-2** | **3-5** | **6-8** | **9-12** |
| A: A2.1 | apply time-management and task-management skills |  |  | ● | ○ |
| A: A2.2 | demonstrate how effort and persistence positively affect learning |  | ● | ○ | ○ |
| A: A2.3 | use communications skills to know when and how to ask for help when needed | ● | ○ | ○ | ○ |
| A: A2.4 | apply knowledge and learning styles to positively influence school performance |  |  | ● | ○ |

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| **Competency A: A3 - Achieve School Success** | | **K-2** | **3-5** | **6-8** | **9-12** |
| A: A3.1 | take responsibility for their success | ● | ○ | ○ | ○ |
| A: A3.2 | demonstrate the ability to work independently, as well as the ability to work cooperatively with other students |  | ● | ○ | ○ |
| A: A3.3 | develop a broad range of interests and abilities |  |  | ● | ○ |
| A: A3.4 | demonstrate dependability, productivity and initiative |  | ● | ○ | ○ |
| A: A3.5 | share knowledge |  | ● | ○ | ○ |

**Standard B: Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.**

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| **Competency A: B1 - Improve Learning** | **K-2** | **3-5** | **6-8** | **9-12** |

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| A: B1.1 | demonstrate the motivation to achieve individual potential |  | ● | ○ | ○ |
| A: B1.2 | learn and apply critical-thinking skills |  | ● | ○ | ○ |
| A: B1.3 | apply the study skills necessary for academic success at each level | ● | ○ | ○ | ○ |
| A: B1.4 | seek information and support from faculty, staff, family and peers |  |  | ● | ○ |
| A: B1.5 | organize and apply academic information from a variety of sources |  |  | ● | ○ |
| A: B1.6 | use knowledge of learning styles to positively influence school performance |  |  | ● | ○ |
| A: B1.7 | become a self-directed and independent learner |  | ● | ○ | ○ |
| **Competency A: B2 - Plan to Achieve Goals** | | **K-2** | **3-5** | **6-8** | **9-12** |
| A: B2.1 | establish challenging academic goals in elementary, middle/junior high and high school |  | ● | ● | ● |
| A: B2.2 | use assessment results in educational planning |  |  | ● | ○ |
| A: B2.3 | develop and implement annual plan of study to maximize academic ability and achievement |  |  | ● | ● |
| A: B2.4 | apply knowledge of aptitudes and interests to goal setting |  |  | ● | ○ |
| A: B2.5 | use problem-solving and decision-making skills to assess progress toward educational goals |  |  | ● | ○ |
| A: B2.6 | understand the relationship between classroom performance and success in school | ● | ○ | ○ | ○ |
| A: B2.7 | identify postsecondary options consistent with interests, achievement, aptitude and abilities |  |  | ● | ○ |

**Standard C: Students will understand the relationship of academics to the world of work and to life at home and in the community.**

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| **Competency A:C1 - Relate School to Life Experience** | | **K-2** | **3-5** | **6-8** | **9-12** |
| A:C1.1 | demonstrate the ability to balance school, studies, extracurricular activities, leisure time and family life |  | ● | ○ | ○ |
| A:C1.2 | seek cocurricular and community experiences to enhance the school experience |  |  | ● | ○ |
| A:C1.3 | understand the relationship between learning and work | ● | ○ | ○ | ○ |
| A:C1.4 | demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining and maintaining life goals |  |  | ● | ○ |

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| A:C1.5 | understand that school success is the preparation to make the transition from student to community member |  |  | ● | ○ |
| A:C1.6 | understand how school success and academic achievement enhance future career and vocational opportunities |  | ● | ○ | ○ |

**CAREER DEVELOPMENT DOMAIN**

**Standard A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.**

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| **Competency C: A1 - Developing Career Awareness** | | **K-2** | **3-5** | **6-8** | **9-12** |
| C: A1.1 | develop skills to locate, evaluate and interpret career information |  |  | ● | ○ |
| C: A1.2 | learn about the variety of traditional and nontraditional occupations | ● | ○ | ○ | ○ |
| C: A1.3 | develop an awareness of personal abilities, skills, interests and motivations | ● | ○ | ○ | ○ |
| C: A1.4 | learn how to interact and work cooperatively in teams |  | ● | ○ | ○ |
| C: A1.5 | learn how to make decisions |  | ● | ○ | ○ |
| C: A1.6 | learn how to set goals |  | ● | ○ | ○ |
| C: A1.7 | understand the importance of planning |  |  | ● | ○ |
| C: A1.8 | pursue and develop competency in areas of interest |  |  | ● | ○ |
| C: A1.9 | develop hobbies and vocational interests | ● | ○ | ○ | ○ |
| C: A1.10 | balance between work and leisure time |  | ● | ○ | ○ |
| **Competency C: A2 - Develop Employment Readiness** | | **K-2** | **3-5** | **6-8** | **9-12** |
| C: A2.1 | acquire employability skills such as working on a team and problem-solving and organizational skills |  |  | ● | ○ |
| C: A2.2 | apply job readiness skills to seek employment opportunities |  |  |  | ● |
| C: A2.3 | demonstrate knowledge about the changing workplace |  |  |  | ● |
| C: A2.4 | learn about the rights and responsibilities of employers and employees |  |  |  | ● |

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| C: A2.5 | learn to respect individual uniqueness in the workplace |  |  |  | ● |
| C: A2.6 | learn how to write a resume |  |  |  | ● |
| C: A2.7 | develop a positive attitude toward work and learning | ● | ○ | ○ | ○ |
| C: A2.8 | understand the importance of responsibility, dependability, punctuality, integrity and effort in the workplace |  |  | ● | ○ |
| C: A2.9 | utilize time- and task-management skills | ● | ○ | ○ | ○ |

**Standard B: Students will employ strategies to achieve future career goals with success and satisfaction.**

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| **Competency C: B1 - Acquire Career Information** | | **K-2** | **3-5** | **6-8** | **9-12** |
| C: B1.1 | apply decision-making skills to career planning, course selection and career transition |  |  | ● | ○ |
| C: B1.2 | identify personal skills, interests and abilities and relate them to current career choice | ● | ○ | ○ | ○ |
| C: B1.3 | demonstrate knowledge of the career-planning process |  |  | ● | ○ |
| C: B1.4 | know the various ways in which occupations can be classified |  | ● | ○ | ○ |
| C: B1.5 | use research and information resources to obtain career information |  |  | ● | ○ |
| C: B1.6 | learn to use the Internet to access career-planning information |  |  | ● | ○ |
| C: B1.7 | describe traditional and nontraditional career choices and how they relate to career choice |  | ● | ○ | ○ |
| C: B1.8 | understand how changing economic and societal needs influence employment trends and future training |  |  | ● | ○ |
| **Competency C: B2 - Identify Career Goals** | | **K-2** | **3-5** | **6-8** | **9-12** |
| C: B2.1 | demonstrate awareness of the education and training needed to achieve career goals | ● | ○ | ○ | ○ |
| C: B2.2 | assess and modify their educational plan to support career |  |  |  | ● |
| C: B2.3 | use employability and job readiness skills in internship, mentoring, shadowing and/or other work experience |  |  | ● | ○ |
| C: B2.4 | select course work that is related to career interests |  |  | ● | ○ |
| C: B2.5 | maintain a career-planning portfolio |  |  | ● | ○ |

**Standard C: Students will understand the relationship between personal qualities, education, training and the world of work.**

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| **Competency C:C1 - Acquire Knowledge to Achieve Career Goals** | | **K-2** | **3-5** | **6-8** | **9-12** |
| C:C1.1 | understand the relationship between educational achievement and career success | ● | ○ | ○ | ○ |
| C:C1.2 | explain how work can help to achieve personal success and satisfaction |  | ● | ○ | ○ |
| C:C1.3 | identify personal preferences and interests influencing career choice and success |  |  | ● | ○ |
| C:C1.4 | understand that the changing workplace requires lifelong learning and acquiring new skills |  |  | ● | ○ |
| C:C1.5 | describe the effect of work on lifestyle |  |  | ● | ○ |

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| C:C1.6 | understand the importance of equity and access in career choice |  | ● | ○ | ○ |
| C:C1.7 | understand that work is an important and satisfying means of personal expression | ● | ○ | ○ | ○ |
| **Competency C:C2 - Apply Skills to Achieve Career Goals** | | **K-2** | **3-5** | **6-8** | **9-12** |
| C:C2.1 | demonstrate how interests, abilities and achievement relate to achieving personal, social, educational and career goals |  | ● | ○ | ○ |
| C:C2.2 | learn how to use conflict management skills with peers and adults | ● | ○ | ○ | ○ |
| C:C2.3 | learn to work cooperatively with others as a team member |  | ● | ○ | ○ |
| C:C2.4 | apply academic and employment readiness skills in work-based learning situations such as internships, shadowing and/or mentoring experiences |  |  | ● | ○ |

**PERSONAL/SOCIAL DEVELOPMENT DOMAIN**

**Standard A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.**

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| **Competency PS: A1 - Acquire Self-Knowledge** | | **K-2** | **3-5** | **6-8** | **9-12** |
| PS: A1.1 | develop positive attitudes toward self as a unique and worthy person | ● | ○ | ○ | ○ |
| PS: A1.2 | identify values, attitudes and beliefs | ● | ○ | ○ | ○ |
| PS: A1.3 | learn the goal-setting process |  | ● | ○ | ○ |
| PS: A1.4 | understand change is a part of growth | ● | ○ | ○ | ○ |
| PS: A1.5 | identify and express feelings | ● | ○ | ○ | ○ |
| PS: A1.6 | distinguish between appropriate and inappropriate behavior | ● | ○ | ○ | ○ |
| PS: A1.7 | recognize personal boundaries, rights and privacy needs | ● | ○ | ○ | ○ |

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| PS: A1.8 | understand the need for self-control and how to practice it | ● | ○ | ○ | ○ |
| PS: A1.9 | demonstrate cooperative behavior in groups |  | ● | ○ | ○ |
| PS: A1.10 | PS:A1.10 identify personal strengths and assets |  | ● | ○ | ○ |
| PS: A1.10 | PS:A1.11 identify and discuss changing personal and social roles |  | ● | ○ | ○ |
| PS: A1.12 | identify and recognize changing family roles | ● | ○ | ○ | ○ |
| **Competency PS: A2 - Acquire Interpersonal Skills** | | **K-2** | **3-5** | **6-8** | **9-12** |
| PS: A2.1 | recognize that everyone has rights and responsibilities | ● | ○ | ○ | ○ |
| PS: A2.2 | respect alternative points of view |  | ● | ○ | ○ |
| PS: A2.3 | recognize, accept, respect and appreciate individual differences | ● | ○ | ○ | ○ |
| PS: A2.4 | recognize, accept and appreciate ethnic and cultural diversity | ● | ○ | ○ | ○ |

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| PS: A2.5 | recognize and respect differences in various family configurations | ● | ○ | ○ | ○ |
| PS: A2.6 | use effective communication skills | ● | ○ | ○ | ○ |
| PS: A2.7 | know that communication involves speaking, listening and nonverbal behavior | ● | ○ | ○ | ○ |
| PS: A2.8 | learn how to make and keep friends | ● | ○ | ○ | ○ |

**Standard B: Students will make decisions, set goals and take necessary action to achieve goals.**

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| **Competency PS: B1 - Self-Knowledge Application** | | **K-2** | **3-5** | **6-8** | **9-12** |
| PS: B1.1 | use a decision-making and problem-solving model |  | ● | ○ | ○ |
| PS: B1.2 | understand consequences of decisions and choices | ● | ○ | ○ | ○ |
| PS: B1.3 | identify alternative solutions to a problem | ● | ○ | ○ | ○ |
| PS: B1.4 | develop effective coping skills for dealing with problems | ● | ○ | ○ | ○ |
| PS: B1.5 | demonstrate when, where and how to seek help for solving problems and making decisions | ● | ○ | ○ | ○ |
| PS: B1.6 | know how to apply conflict-resolution skills | ● | ○ | ○ | ○ |
| PS: B1.7 | demonstrate a respect and appreciation for individual and cultural differences | ● | ○ | ○ | ○ |
| PS: B1.8 | know when peer pressure is influencing a decision | ● | ○ | ○ | ○ |
| PS: B1.9 | identify long- and short-term goals |  |  | ● | ○ |
| PS: B1.10 | identify alternative ways of achieving goals |  |  | ● | ○ |
| Ps: B1.11 | use persistence and perseverance in acquiring knowledge and skills |  | ● | ○ | ○ |
| PS: B1.12 | develop an action plan to set and achieve realistic goals |  |  | ● | ○ |

**Standard C: Students will understand safety and survival skills.**

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| **Competency PS:C1 - Acquire Personal Safety Skills** | | **K-2** | **3-5** | **6-8** | **9-12** |
| PS:C1.1 | demonstrate knowledge of personal information (telephone number, home address, emergency contact) | ● | ○ | ○ | ○ |
| PS:C1.2 | learn about the relationship between rules, laws, safety and the protection of rights of the individual | ● | ○ | ○ | ○ |
| PS:C1.3 | learn about the differences between appropriate and inappropriate physical contact | ● | ○ | ○ | ○ |
| PS:C1.4 | demonstrate the ability to set boundaries, rights and personal privacy |  | ● | ○ | ○ |
| PS:C1.5 | differentiate between situations requiring peer support and situations requiring adult professional help |  | ● | ○ | ○ |

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| PS:C1.6 | identify resource people in the school and community, and know how to seek their help | ● | ○ | ○ | ○ |
| PS:C1.7 | apply effective problem-solving and decision-making skills to make safe and healthy choices | ● | ○ | ○ | ○ |
| PS:C1.8 | Learn about the emotional and physical dangers of substance use and abuse | ● | ○ | ○ | ○ |
| PS:C1.9 | learn how to cope with peer pressure |  | ● | ○ | ○ |
| PS:C1.10 | learn techniques for managing stress and conflict | ● | ○ | ○ | ○ |
| PS:C1.11 | learn coping skills for managing life events |  |  | ● | ○ |

**MINIMUM REQUIREMENTS FOR SCHOOL**

**COUNSELING AND GUIDANCE PROGRAMS IN ALABAMA**

Beulah High School Counselor’s function in a manner consistent with the educational philosophy and mission of the school system and the school. As a member of the educational team, each counselor has special responsibilities for helping all students meet their needs. Beulah High School counselors provide a comprehensive counseling and guidance program for students; consult and collaborate with teachers, parents, and staff to enhance their effectiveness in helping students; and follow the Minimum Requirements for Comprehensive School Counseling and Guidance Programs in Alabama.

**Organizational Framework, Activities, and Time**

1. Beulah High School implements a comprehensive counseling and guidance program that:

a. Ensures that each counselor develops and follows a planned calendar of activities;

b. Ensures that 80 percent of each counselor’s time is spent in providing guidance services through the four program delivery components: School Guidance Curriculum, Individual Student Planning, Responsive Services, and System Support; and

c. Ensures that each counselor participates annually in a planned professional development program designed to strengthen identified needs of the counseling and guidance program and/or the counselor as well as to foster ethical standards.

2. Beulah High School provides for performance-based evaluation of counselors. The elements of this evaluation must conform to the duties and responsibilities of the counselor as stated in the *Comprehensive Counseling and Guidance State Model for Alabama Public Schools* (the State Plan), Bulletin 2003, No. 89.

3. Beulah High School makes provisions for new counselors to attend the Alabama Department of Education Counselor Academy as well as encourage experienced counselors to attend this professional development opportunity.

4. Beulah High School establishes a counseling and guidance advisory committee to assist in the development and implementation of the comprehensive counseling and guidance program.

**Competencies**

5. Beulah High Schoolimplements a comprehensive counseling and guidance program that ensures that every student has the opportunity to achieve the minimum competencies at each appropriate grade level.

**Structural Components**

6. Beulah High School provides counseling and guidance services performed by certified school counselors for all students in Grades 7-12.

7. Beulah High School implements a comprehensive counseling and guidance program and ensure that a person is appointed at the system level to coordinate and monitor the delivery of counseling and guidance services to all students.

**School Guidance Curriculum**

8. Beulah High School implements a comprehensive counseling and guidance program that:

a. Ensures that each counselor engages in counseling with students in small groups to influence responsible student behavior and enhance student academic achievement; and

b. Ensures that each counselor implements a planned sequential program of large group guidance activities designed to teach students the competencies identified in the three domains of Academic Development, Career Development, and Personal/Social Development in a fashion that enhances the instructional program and focuses on increasing student achievement.

c. Beulah High School counselors are required to conduct small group sessions as well as address individual needs of students. Data indicates that small group counseling is a more effective means of serving students, and it decreases the number of individual sessions needed. Counselors can conduct 2-3 small groups (20-40 minutes in duration within a 4–6-week period) when the need is evident and/or when students have been referred.

**Individual Student Planning**

9. Beulah High School implements a comprehensive counseling and guidance program that:

a. Ensures that each counselor engages in counseling with students in individual settings that facilitate responsible student behavior and enhance student academic achievement;

b. Ensures that each Grades 8-12 counselor guides students in the development and annual revision of a high school four-year educational plan and requires students to maintain an educational/career planning portfolio of study based on legislative and other graduation requirements. (The selection of the high school four-year educational plan shall be approved in writing by the parents or guardians and become part of the educational/career planning portfolio.)

c. Ensures that each counselor demonstrates accurate and appropriate interpretation of assessment data and the presentation of relevant, unbiased information; and

d. Ensures that each counselor provides equal access and appropriate placement for all students by utilizing test data and other available information that identifies interests, achievement levels, and aptitudes.

**Responsive Services**

10. Beulah High School counselor’s assist in the early identification of students at risk of school failure and must facilitate in the delivery of preventive and interventive services.

11. Beulah High School counselor’s consult with students, parents, teachers, community agencies, and others (nurses, attendance officers, school psychologists, school social workers) regarding strategies to help students achieve personal and academic advancement.

**System Support**

12. Beulah High School implements a comprehensive counseling and guidance program that:

a. Ensures that each counselor organizes and manages the counseling and guidance program to provide equal access and the most effective delivery of services to students, staff, parents, and the community;

b. Conducts systematic evaluations and follow-up studies to determine the need for program revision;

c. Promotes awareness of the program components to students, staff, and the community

d. Ensures that each counselor coordinates guidance services with all aspects of the school program in conjunction with other school staff and community resources.

**Resources**

13. Beulah High School provides facilities that are easily accessible and allow for the implementation of a comprehensive counseling and guidance program. Minimum facility requirements for delivery of counseling and guidance services include facilities that:

a. Provide private office(s) properly equipped with locked files for counseling records

b. Provide private telephone line(s) for confidential telephone conversations,

c. Are adequate in size for conducting small-group counseling and classroom guidance

d. Ensure adequate space for reception areas and for organizing and displaying guidance

14. Beulah High School provides resource materials that are relevant to the program, appropriate for the community, and of sufficient quantity to be useful.

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| **ACCOUNTABILITY** |

Accountability and evaluation of Beulah High School counselors and the school counseling and guidance programs are integral components of quality programs. Alabama’s comprehensive school counseling and guidance programs should be data driven. Data should be collected to validate certain counseling and guidance activities as well as to determine if any change in student perception and behavior has occurred as a result of counseling and guidance activities. The monitoring of student progress and program progress in addition to performing personnel evaluations requires the collection of data that support and link school counseling and guidance programs to students’ academic success.

**Counselor/Principal Management Agreements**

The counselor/principal management agreement is a unique process to Beulah High School’s comprehensive guidance and counseling process. It is one of the single most important documentation outcomes that includes students, staff, parents, and the counselor’s own professional development. The counselor completes the agreement at the beginning of the year and revisits the agreement during the second term of the school year for revisions if needed. Assignments are made by each counselor specifying the results and plan of operation for which she/he will be accountable. The counselor specifies how the students will access him/her: alpha assignments, domain specialization, grade level, random, counselor of the day, etc. Each assignment has a separate area where the counselor identifies the percentage of his/her time that he/she will spend providing services within the four delivery components. The principal, or his/her designee, is active in the negotiation of the agreement. Each counselor sends a copy of the agreement to the district counseling coordinator. The district guidance coordinator audits the agreements to assure compliance. (See appendix.)

**Master Calendars**

Each school’s guidance and counseling department must have a master calendar of its guidance events. The calendar includes each month’s activities including the name of the activity and the targeted grade level for which the activity is planned. The calendar shows the overall picture and time frame of the guidance and counseling program. The calendars should be used to publicize planned events to let the school community know what is happening in the guidance and counseling department. The calendars should be distributed to teachers, administrators, and parents. Calendars should be posted in the guidance and main offices for parents and students to view. Calendars should be posted to the school’s website.

**Contact Logs**

Beulah High School guidance counselors must maintain records of their daily contacts with students, teachers, parents, and outside agencies. Counselors should use a log that allows them to easily tally the types of services provided and the appropriate program delivery component.

**Monitoring Student Progress**

**Student Data**

Using student, school, and system data to monitor student progress ensures that each student receives the necessary support to be successful in school. Beulah High School counselors are proficient in the collection, analysis, and interpretation of student achievement and related data. Student progress is monitored through three types of data: student-achievement data, achievement-related data, and standards- and competency-related data.

**Student-achievement data** measures academic progress. Data includes: • Standardized test data

• Grade point averages

• Scholastic Aptitude Test (SAT) and American College Testing (ACT) Program scores

• Graduation rate

• Grade level (at or above) in reading, math, and other content areas

• Successful completion of all courses

• Promotion and retention rates

• Completion of specific academic programs (academic honors, Tech/Prep)

Beginning with the 2009-2010 school year, Beulah High School counselors are responsible for keeping a tracking log of potential at-risk students. A number of factors are used to determine if a student is at-risk. Such factors include but are not limited to course grades, daily attendance, classroom discipline, course failures, standardized test data and attainment of a College and Career Ready Credential.

**Achievement-related data** measures those areas shown to be correlated to academic success. Data includes:

• In-school and out-of-school suspension and expulsion rates

• Alcohol, tobacco, and other drug violations

• Attendance rates, including tardiness to school/class, check-outs, and truancy • Parent or guardian involvement

• Extracurricular participation rate

• Homework completion rates

**Standards- and competency-related data** measures student mastery of the competencies delineated in the comprehensive counseling and guidance program.

Data includes:

• Percentage of students having a four-year plan on file

• Percentage of students participating in job shadowing

• Percentage of students setting and attaining academic goals

• Percentage of students applying conflict resolution skills

**Disaggregated Data**

Ensuring academic success for every student includes counselor-initiated activities designed to meet the needs of under-served, under-performing, and under-represented populations. School counselors examine student academic achievement data and develop outcome-based interventions designed to help students succeed. School counselors must be able to separate data by variables to determine if there are any groups of students who may not be performing as well as others.

Beulah High School counselors have input into the school’s Continuous Improvement Plan (CIP) each year. The CIP addresses “closing the achievement gap” activities.

**Data Over Time**

Assessing the current school counseling and guidance program reveals how well the program is meeting the academic, career, and personal/social needs of students. School counselors should determine student needs that are unique to their school and community.

**Monitoring Program Progress**

**Program Evaluations**

Evaluation of the Beulah High School comprehensive counseling and guidance program is a vital element in determining the effectiveness of the school program. An evaluation of the counseling and guidance program using process data, perception data, and results data measures the degree to which students have acquired the skills and knowledge defined by the competencies and the Minimum Requirements for School Counseling and Guidance Programs in Alabama. Each curriculum plan utilized in the Lee County Schools Guidance and Counseling Program includes the above-mentioned components.

**Process Data (What did the counselor do and for whom?)**

Process data includes an evaluation of the number of students served, how many groups and classroom visits were conducted, what activities were completed, etc.

**Perception Data (What do students think they know, believe, or can demonstrate?)** Perception data is collected through the pre/post assessments, tests, or skill demonstration opportunities (role plays, evaluation/feedback forms).

**Results Data (What was changed or learned as a result of the activity?)** Results data is derived from the observed impact on the students’ ability to utilize their knowledge, attitudes, and skills to effect behavior change.

**Student Results Evaluations**

Results evaluations are used to show change in student behavior and student learning. The results evaluations and reports can be used to ensure the program is carried out as planned; to ensure that every student is served; to ensure that developmentally appropriate materials are used; to analyze the program’s effectiveness; to improve the program; etc.

**Program Audits**

Beulah High School counselors periodically (at least annually) audit their counseling and guidance program. The primary purpose for the audit is to guide future actions within the program and to improve future results for students.

**Personnel Evaluations**

Beginning with the 2016-17 school year, the Lee County Educator Effectiveness System was used to evaluate Beulah High School Counselors. Previously, beginning with the 2009-2010 school year, the *EDUCATE Alabama* program was used to evaluate the Lee County counselors. Prior to this date, the *Alabama Professional Education Personnel Evaluation (PEPE)* system was used for the evaluation of counselors. The local principals are responsible for conducting the counselor evaluations; however, the system coordinator can assist them with the process. If a counselor is split between two schools, both principals contribute to the evaluation process.